
**DEFEAT DEPRESSION CAMPAIGN - MORI POLL QUESTIONNAIRE
- EAAD ADAPTATION -**

1. How strongly do you agree or disagree with each of the following things that have been said about depressive disorders?

	strongly agree	tend to agree	neither agree nor disagree	tend to disagree	strongly disagree	don't know
Depressed people are often mad or mentally unstable						
Depressive disorders are a medical condition like other illnesses (e.g. bronchitis or arthritis)						
Anybody can suffer from depressive disorders						
Depressive disorders mainly affect women						
Children are very unlikely to suffer from severe depressive disorders						

2. And how strongly do you agree or disagree with the following things that have been said about people suffering from depressive disorders?

	strongly agree	tend to agree	neither agree nor disagree	tend to disagree	strongly disagree	don't know
People suffering from depressive disorders deserve more understanding and support from their family and friends than they get at present						
People suffering from depressive disorders should be treated with anti-depressant tablets						
People suffering from depression should be offered counselling						

3. Have you, a close member of your family or close friend ever suffered from any form of depressive disorder?

Yes – self	Yes – close member of family	Yes – close friend	No – none	Don't know	
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4. Who if anyone would you approach if you suffered from a depressive disorder?

Spouse		GP/doctor		Community psychiatric nurse		Colleagues at work	
Parents		Psychiatrist		Health visitor		other	
Other relatives		Psychologist		Social worker		none	
Friends				Counsellor		don't know	

5. If you suffered from depressive disorder would you be happy to consult your GP?

Yes	
No	
Don't know	

6. How strongly do you agree or disagree with the following things?

	strongly agree	tend to agree	neither agree nor disagree	tend to disagree	strongly disagree	don't know
People with depressive disorders feel embarrassed to consult their GP						
People with depressive disorders are afraid that that will be regarded by their GP as unbalanced or neurotic						
GPs feel irritated and annoyed when people suffering from depressive disorders consult them						
GPs are too busy to deal with depressive disorders						
GPs are well trained to deal with depressive disorders						
GPs are generally understanding and sympathetic towards people with depressive disorders						
When GPs see a depressed patient, they just tend to give them pills						

7. How addictive would you say the following drugs are – very addictive, fairly addictive, not very addictive or not at all addictive?

	very addictive	fairly addictive	not very addictive	not at all addictive
Tranquilisers				
Antidepressant tablets				
Aspirin				

8. How effective would you say the following are in the treatment of depressive disorders - very effective, fairly effective, not very effective or not at all effective?

	very effective	fairly effective	not very effective	not at all effective
Antidepressants				
Tranquilisers				
Counseling and/or talking about the problem				

9. Which of the following things are likely to cause depressive disorders - yes/no?

	yes	no
Virus infections		
Stress		
Bereavement		
Illness		
Biological changes in the brain		
Redundancy		
Unemployment		
Financial problems		
Post-natal depression		
Premenstrual tension		
Menopause		
Loneliness / isolation		
Divorce/end of relationship		
Other		
Don't know		

10. Have you heard of the “Alliance Against Depression” (resp. local name) Campaign? If so from

	yes	no
Television		
Radio		
Newspapers		
Magazines		
GP/doctor/doctor’s surgery		
Hospitals/clinics		
Friends		
Spouse/partner/relatives		
Work colleagues		
Chemist/pharmacist		
Posters (not at hospital/clinic/doctor’s surgeries)		
Leaflets (not at hospital/clinic/doctor’s surgeries)		

11. If you were receiving treatment for a depressive disorder which one of the following would you think would be most important to you?

To be able to think clearly	To be able to perform manual tasks without difficulty	None of these	
To remain calm and not become aggressive	Not to suffer from drowsiness	Don’t know	

SOCIO-DEMOGRAPHIC INFORMATION

Gender
 0 female
 1 male

How old are you?
 _____ Years

Place of residence?
 _____ (Post code or similar)

Do you work within the health system?
 1 Yes
 0 No